

Distal Humerus Fractures

INTRODUCTION:

Fractures around the distal end of the humerus result from high velocity injuries such as fall from height, road traffic accidents in young adults and following low velocity injuries such as slip and fall at home in osteoporotic elderly adults.

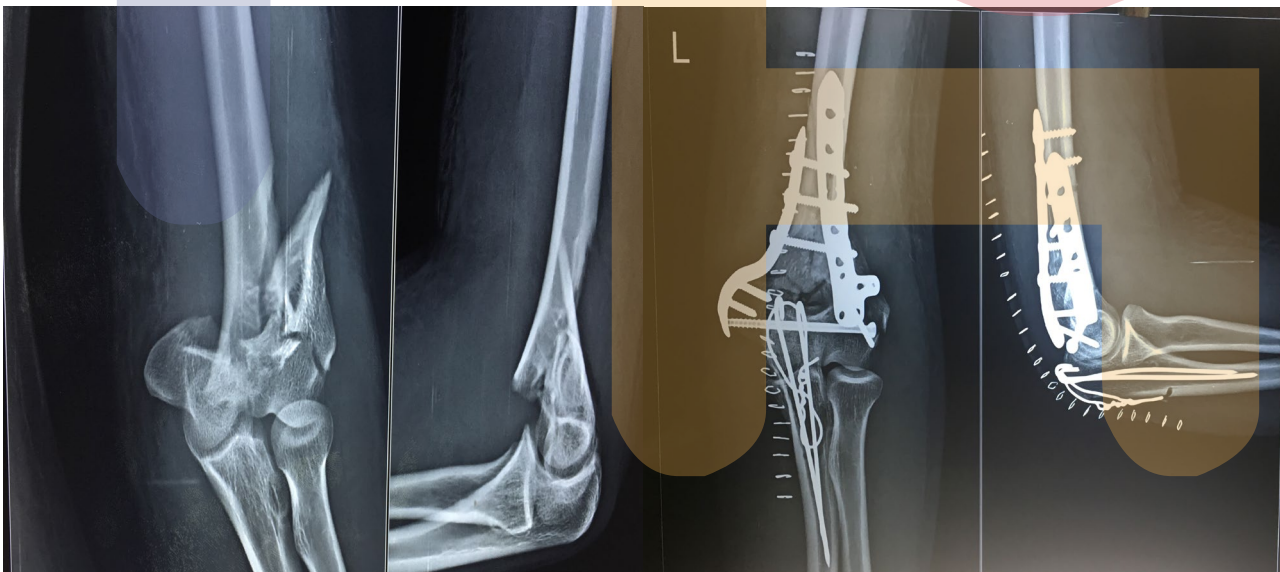
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SYMPTOMS

- Swelling and pain around the elbow
- Feeling of instability around elbow
- Open wounds with exposed fracture ends

Treatment options

Fractures around the elbow are notorious fractures that result in stiffness of the elbow, which is very difficult to treat. Surgery and plate fixation allows early mobilization of joint and better functional outcome.



OUTCOME

This young gentleman had a road traffic accident following which he had a severe fracture which was treated with plate fixation. His range of movements was completely restored.

